



2009 BEDFORD FARMERS' MARKET NEWSLETTER

www.Bedfordmarket.org

Mondays 2:00 - 6:30

June 15 - October 19

Volume 2 Issue 6

MONDAY IS MARKET DAY

July 20, 2009



MONDAY IS MARKET DAY!!!

The summer vegetables and fruits are fabulous. We have tomatoes, peas, summer squash, zucchini, lettuces, raspberries, blueberries, cherries, rainbows of kale, chard, collard greens, carrots, cucumbers, garlic, rhubarb, garlic scapes, basil, parsley, and much, much more. Stop by our local farmers: **Busa Farms**, **Charlton Orchard Farm**, **Butterbrook Farm**, and **Chip-In Farm**.

Old Forge Farm was hit by the hail storm last week and Matt lost his crop. He has planted a new crop and should be back at the market in August. According to him, "being a farmer requires a lot of patience."



Stop by **Stillman's at the Turkey Farm** for some incredible meat. They are a small, artisan family farm, dedicated to producing conscientiously raised, grass-fed and pastured, chemical free meats and poultry. Their meats and poultry are raised in the small farm tradition, using sustainable and local practices, and in a manner that is respectful of both the land and the animals. They also have fabulous flowers. Try a BLT using their bacon with fresh bread, lettuce and tomato from the market...fantastic.

Only two more weeks to enjoy local cheese from **Smith's Country Cheese**.

For some fun and great exercise, stop by **Full Motion**. Allyson offers lessons during the market.



JULY 20 SPECIAL EVENTS – BUBBLE DAY AND GREEN DAY

Bubble Day is fun for everyone. We have bubble mix and bubble makers. How many bubbles can you blow? How big a bubble can you blow? How long will your bubble last?
Green Day is recycle day for children. Bring a book or toy and get a toy or book. Come to the market on Monday and join the fun.

ENTERTAINMENT GALORE

2:00 – **Ken Pruyn** – Easy listening and country music

4:00 – **Ben Bosco** – Classical modern rock



ARTISAN TABLE

Claudia Foxtree: Arawak Design, hand-made clay beads inspired by Native American designs and incorporated into jewelry and accessories, as well as other Native American wearables and accessories.

Melissa Skorupka: Classic hand-made jewelry in pearls, crystal, glass and sterling silver. Also traditional and modern hand-made chains and chain mail in aluminum, steel, jeweler's brass, bronze, latex-free rubber, and copper.



COMMUNITY TABLE: BEDFORD GARDEN CLUB

The purpose of the Bedford Garden Club is to stimulate among amateurs the knowledge and love of gardening, the protection of native trees and plants, and encouragement of civic planting. Their members help with fundraisers so that they may continue to support their civic projects and annual scholarship.

PLEASE HELP ON MARKET DAY!!!

Sign up at www.bedfordmarket.org/volunteer.php. If you want to find out more about helping the BFM, contact Susan Grieb, slgrieb@comcast.net.

WE HAVE GIFT CERTIFICATES AND T-SHIRTS!!

They make great presents and are at the Manager's Table.